

標準体重計算式(1990年体格値基準)

年齢	男子	女子
5歳	$0.381 \times [\text{身長}] - 23.099$	$0.379 \times [\text{身長}] - 22.923$
6歳	$0.440 \times [\text{身長}] - 30.134$	$0.433 \times [\text{身長}] - 29.331$
7歳	$0.489 \times [\text{身長}] - 36.294$	$0.484 \times [\text{身長}] - 35.640$
8歳	$0.576 \times [\text{身長}] - 47.077$	$0.538 \times [\text{身長}] - 42.371$
9歳	$0.634 \times [\text{身長}] - 54.615$	$0.620 \times [\text{身長}] - 53.008$
10歳	$0.708 \times [\text{身長}] - 64.866$	$0.700 \times [\text{身長}] - 64.186$
11歳	$0.763 \times [\text{身長}] - 72.848$	$0.784 \times [\text{身長}] - 76.406$
12歳	$0.784 \times [\text{身長}] - 76.118$	$0.806 \times [\text{身長}] - 78.855$
13歳	$0.816 \times [\text{身長}] - 81.589$	$0.682 \times [\text{身長}] - 58.704$
14歳	$0.822 \times [\text{身長}] - 82.034$	$0.614 \times [\text{身長}] - 46.482$
15歳	$0.774 \times [\text{身長}] - 72.009$	$0.562 \times [\text{身長}] - 36.913$
16歳	$0.708 \times [\text{身長}] - 60.404$	$0.588 \times [\text{身長}] - 40.622$
17歳	$0.675 \times [\text{身長}] - 54.084$	$0.583 \times [\text{身長}] - 39.935$